MONDAY	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
5:00-5:30		Arsenal					Storm Red	Storm White		
5:30-6:00							(Spurrier)			
6:00-6:30										
6:30-7:00	Revolution	Sharks	Warriors Red		Warriors White		04 Select Red/White		Outlaws	Fury White
7:00-7:30			(Franze)		(Steckhahn)		(Spurrier)		(Hiller)	
7:30-8:00										3
8:00-8:30										
8:30-9:00										

TUESDAY	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
5:00-5:30							Fury White	Titans White	Fury Red	
5:30-6:00							(Cummings)	(SST)	(Spurrier)	
6:00-6:30										
6:30-7:00	Kings Red	Kings White	Titans Red		Warriors Black		Fever		Riptide Red	Riptide White
7:00-7:30	(Curran)	(Stekhahn)	(Turtle)		(Hiller)		(Cummings)		(Spurrier)	(Jelani)
7:30-8:00										
8:00-8:30										
8:30-9:00										

WEDNESDAY	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
5:00-5:30			Fury Red							Rebels
5:30-6:00			(Spurrier)							(Hiller)
6:00-6:30										
6:30-7:00	Revolution		Warriors Red		Breakers Red		Warriors White		Storm Red	Storm White
7:00-7:30	(Steckhahn)		(Spurrier)		(Franze)		(Curran)			(Hiller)
7:30-8:00										
8:00-8:30										
8:30-9:00										

THURSDAY	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
5:00-5:30			Fury White		Sharks			Titans White		Warriors Black
5:30-6:00			(Cummings)		(Spurrier)			(SST)		(Jelani)
6:00-6:30										
6:30-7:00	Kings Red	Kings White	Fever	Titans Red	04 Select Red/White		Riptide White	04 Select White	Outlaws	Riptide Red
7:00-7:30			(Cummings)	(SST)	(Spurrier)		(Steckhahn)	(Hiller)		(Jelani)
7:30-8:00										
8:00-8:30										
8:30-9:00										

FRIDAY	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
5:00-5:30			Breakers		Fury Red					
5:30-6:00			(Franze)		(Spurrier)					
6:00-6:30										
6:30-7:00	OTUSA		Titans Red		Warriors Red		Revolution		OTUSA	FootSkills
7:00-7:30	Keeper Training		(SST)		(Spurrier)					
7:30-8:00							3			
8:00-8:30										
8:30-9:00										

Saturday	Practice Field #1 West Side	Practice Field #1 East Side	OTIS #2 North End	OTIS #2 South End	OTIS #3 North End	OTIS #3 South End	OTIS #4 West End	OTIS #4 East End	OTIS #5 North End	OTIS #5 South End
8:00-8:30			OTUSA							
8:30-9:00			Keeper Training							
9:00-9:30										
9:30-10:00										
10:30-11:00										